

CERTIFICATE OF PARTICIPATION

This is to certify that

Ilse Heenop

Has successfully participated & completed the

5km Velocity Trail Run

held at Central Park Trails.

TIME 00:55:39

PACE 11:06/km

OVERALL 43 of 68

GENDER 30 of 47

40 - 49 7 of 11

09 June 2018, Sat

Date



BoutTime

Signature

